



RETURN TO PLAY PLAN



Pitch in
Play ON!

Contents

Introduction

-Re-evaluation and Updates on RTP

-Club Communication

-Meetings & Workshops

Soccer Canada Return to Play Assessment

Registration

Refunds

3 Steps of Return to Play

Reference Guide for 3 Steps of Return to Play

MMS Soccer Programming for Provincial Re-Opening Steps

Entry and Exit Controls Field

Recommendations and Guidelines for Parents/Guardians

Resource: Symptoms Checklist

Recommendations for Match Officials

COVID19 Medical Response Plan

Appendix A

Equipment Sanitization

Hygiene Guidelines

Appendix B

Contract Tracing Log

Introduction

Markdale Minor Soccer (MMS) has developed a Return to Play Plan (RTP) in consultation with the Canadian Soccer Association, the Ontario Soccer Association and the Grey Bruce Public Health Unit. Markdale Minor Soccer will continue to update its RTP as further information becomes available and changes are necessary. The health and safety of all participants in our program is our priority consideration and a guiding principle in developing this plan. We will continue to monitor Public Health along with any updates on the Return to Play guidance from Ontario Soccer. We will be in regular communication with the municipality of Grey Highlands on any updates and news relating to soccer activities.

The Club has completed the Canada Soccer Return to Soccer Assessment Tool with a risk rating of “Low.” The Club has also presented the Return to Play plan to the town of Markdale.

Re-evaluation and Updates on RTP

This plan will require regular review and updating as COVID-19 prevention and protection measures evolve. Any changes will be communicated to the club membership and general public by email, website and/or social media as soon as possible.

Club Communication

The Club will continue to use its social media, website and email distribution list to keep membership and the community informed about the latest updates at soccer. Please follow us on Facebook and on our website, markdaleminorsoccer.ca. We will host virtual town hall meetings when needed to get input and to release information to membership.

Meetings & Workshops

The Club will host virtual meetings with soccer personnel as well as workshops if and when needed to provide familiarization of the RTP and on field procedures. All Club personnel, officials and coaches coordinating the training sessions will have read and become familiar with these guidelines.



Return to Play Assessment / Évaluation de retour au jeu

Risk Assessment Level / Niveau d'évaluation des risques

Low/Faible

Registration

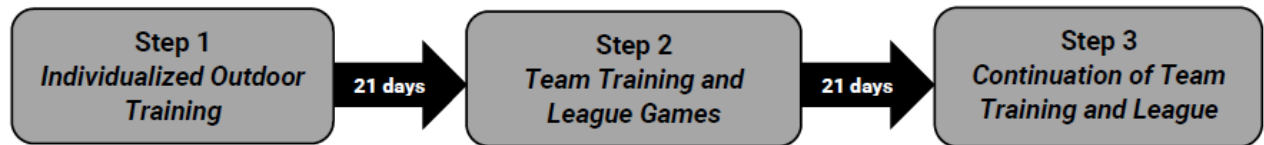
We will run outdoor registration until July 2nd 2021 and will only consider late registrations only in unusual circumstances this season. Please make sure to review the RTP Plan, as well as read the FAQs. If you have any questions please don't hesitate to connect with us.

Refunds

If the 2021 summer season is cancelled due to a provincial shutdown we will be issuing full refunds. If we are able to play this summer, but in a more limited form, we will be issuing some level of prorated refund.

3 Steps of Return to Play Markdale Minor Soccer

Ontario Soccer's Return to Play Guide (RTP) has been adjusted to reflect the Government of Ontario's new Three-Step Re-Opening Framework:



Note: Steps 2 and 3 are tentatively scheduled to start 21 days apart and subject to Government of Ontario assessment and approval. Ontario Soccer will advise membership confirmation of Steps through updated Information Bulletins that will include updates to this Return to Play Guide.

Step 1: Individualized Outdoor Training

Date: June 11: 12:01AM.

Conditions: Now met. Approved to begin.

Restrictions: Outdoor sports and training up to 10 participants at one time. 10 per field quadrant with distancing (3m).

No contact, no league, exhibition, festival or tournament games. No spectators permitted unless under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian.

- Soccer organization must have completed 'Canada Soccer Return to Soccer Assessment Tool'.
- Ensure the organization's own Return to Play Guide is aligned with Ontario Soccer's Return to Play Guide & Government of Ontario guidelines prior to resuming activity.
- Ensure you have contact tracing in place for any activity.

Markdale Soccer will not begin operations under Step 1

Step 2: Team Training and League Games

Date: June 30, 2021: 12:01 am

Conditions: Now met, reopening to begin

Restrictions: None

- League, exhibition, festival and tournament games permitted. Spectator capacity limited to 25% of the facility capacity.
- Soccer organizations must have completed 'Canada Soccer's Return to Soccer Assessment Tool'.
- All participants must be registered in OSCAR, Ontario Soccer's official participant registry.
- Ensure the organization's own Return to Play Guide (Safety Plan) is aligned with Ontario Soccer's Return to Play Guide prior to resuming activity.
- Ensure you have registered contact tracing in place for any activity with all records held for 30 days.

Markdale Minor Soccer plans to begin operations under Step 2

All requirements outlined in Step 1 have been completed:

- completion of "Canada Soccer Return to Soccer Assessment Tool"
- ensure Return to Play Guide is aligned with Ontario Soccer's Return to Play Guide and Government of Ontario guidelines prior to resuming activity
- Ensure contact tracing in place for activity

Furthermore, Markdale Minor Soccer will operate under the following Rules that comply with or exceed all requirements outlined in Step 2 of the Ontario Soccer Guide:

- Safety Field Marshall onsite for each session
- Equipment will be disinfected after every practice and/or game
- Parents/Guardians will be physically distanced by way of designated and marked zones
- No spectators permitted, but ONE parent or guardian or sibling 16+ may accompany each participant under the age of 18 years
- 25 player maximum per playing field
- Consideration will be given to Under-12 and older players travelling within a maximum 50 player bubble to other clubs within the Lakeshore League if and when appropriate
- Physical distancing requirements of participants engaged in training or games will remain in effect when not directly engaged in coach directed soccer training
- Goalkeeper position and training will only be introduced to U12 and above teams. No goalkeepers at U10 and below.

Step 3: Continuation of Team Training and League Games

Date: 21 days before next step (TBA by Government of Ontario)
Conditions: 80% adults with one-dose of the vaccine and 25% fully vaccinated allows for: Indoor Sport and Recreational Facilities to re-open.
Restrictions: Subject to further information from the Government of Ontario.

Markdale Minor Soccer will continue operations under Step 3

Ontario Soccer Reference Guide for Provincial Stepped Reopening

	Step 2	Step 3
Completion of Canada Soccer's Return to Soccer Risk Assessment Tool	YES	YES
Organization's own RTP Guide/Plan in alignment to Ontario Soccer's RTP Guide (Clubs/Academies/Leagues)	YES	YES
Safety Field Marshal	RECOMMENDED	TBD
Physical Distancing for Participants	NO	TBD
Equipment disinfecting after each game/practice	YES	TBD
Use of Change rooms	NO	TBD
Indoor Activities Permitted	DAY CAMPS	YES
Outdoor Activities Permitted	YES	YES
League Games or Scrimmages	YES	YES
Travel to other Districts or Regions	YES	YES
Trials/Tryouts/Open Evaluations/Camps	YES	YES

Maximum number of Participants (Players, Coaches, Match Officials)	NO RESTRICTIONS	OUTDOOR: NO RESTRICTIONS INDOOR:TBD
Maximum number of Spectators	25% OF FACILITY CAPACITY	TBD
Masks	FIELD: NO BENCH: NO	TBD
Physical Distancing (2m)	ON FIELD: NO ON BENCH: NO Spectators: YES	TBD
Contact Tracing	YES	TBD

MMS Soccer Programming as per Provincial Re-Opening Stages

We will only be offering soccer in Stage 2 and Stage 3. We will continue to monitor what programs can run and under what restrictions as outlined by Public Health.

Stage 1	Stage 2	Stage 3
All Age Divisions: No Soccer Offered at Markdale Minor Soccer	All Age Divisions will run: U4 / U6 / U8 / U10 / U12 - group drills - scrimmages/small-sided games - reduced squad house-league games of 5v5 - player limit per pitch: 25 U15 / U18 / Adult - reduced squad 6v6 house-league games - competitive play within a 50 player bubble to be considered later in season - player limit per pitch: 25	All Age Divisions run: <u>U4 / U6 / U8 / U10 / U12</u> -all previous programming and possible inter-club play for U8, U10 and U12 as permitted by Public Health - player limit: TBD <u>U15 / U18 / Adult</u> - 6v6 House-League - Competitive play within unlimited league considered - player limit: TBD

6v6 League (U15/U18/Adult) Rules

- No slide tackling
- Serious physical altercations will result in an automatic suspension from league
- Mass confrontations will result in automatic dismissals for all involved
- There will be ZERO tolerance for spitting on or around the field of play

*Players/Teams will receive a full rule book prior to the start of the 6v6 season.

Entry and Exit Controls

Must follow Entry & Exit Controls - Players, Coaches, Match Officials, Soccer Club Personnel, Parents and Spectators (when allowed).

If you answer **YES** to any of the following you must stay home, follow public health guidelines:

- *Tested Positive for COVID-19*
- *Knowingly been in close contact with someone who has tested positive for COVID-19 without wearing appropriate PPE*
- *Travelled outside of Canada in the last 14 days*

Before Coming to the Field

- Complete the “self-check” prior to every session
<https://covid-19.ontario.ca/self-assessment>
- If feeling unwell and/or experiencing any of the symptoms, do not attend the soccer field and follow COVID19 recommendations
- Do not carpool unless with immediate family members

Arrival at the Field

- Players will arrive at predetermined time slot (Conveners/Coaches will provide you this information along with it being posted on the club’s website)
- Report to designated Entry Point and be greeted by Safety Field Marshall. Do not congregate at the entry point. Regardless of your mode of transportation, all players / coaches/ parents-guardians must report to entry point
- Players/Coaches are required to line up, respecting the Physical Distancing rules, and wait until called. Each individual will sanitize their hands
- All personnel must wear a mask
- Arrive prepared to train (keep all items in personal bag if needed & bring sanitizer). Do not share personal equipment





On Field Activities

- Players must wear face mask until they enter the field. Players are required to wear a mask when not on field or engaged directly in training
- Always follow the instructions from safety Covid field marshal, the conveners and coaches. Respect physical distancing unless directly engaged in soccer related training
- Do not spit at any time. Cover mouth & nose with a tissue or your elbow (not your hands) when you cough or sneeze
- Do not share water bottles (label bottles with your name). NO SNACKS!

After/Exit

- Immediately after soccer training, exit to designated pickup area and maintain physical distancing of 2 meters or 6 feet. All participants must leave the field upon completion of their training. No congregating afterwards
- All participants & members will be wearing a mask when they exit
- Clean hands with soap or sanitizer when you get home

Recommendations and Guidelines for Parents/Guardians

- Ensure child is healthy and has no signs of COVID-19 symptoms. Players must complete self-check app (<https://covid-19.ontario.ca/self-assessment>) prior to arrival
- Please have your primary contact (cell) on during soccer activities. This is essential if we need to contact you and you are not at the field
- Wear mask and follow all physical distancing rules (2m/6ft) at all times
- Avoid congregating at facility entry points
- Remind players to arrive to training dressed and ready
- Only one parent/guardian/sibling (16+ years) to attend soccer activities. Parents/guardians/siblings 16+ to keep a reasonable distance from the field of play and stay in their designated area. Lawn chairs permitted. Bleachers will be off limits

- Parents/Guardians/Siblings +16 must wear a mask when entering and exiting fields and at all times while within the boundaries of the soccer complex
- Ensure to check-in with the coach for completion of attendance at the soccer activity.
- At home, ensure all the player's equipment is washed separately from the other household items. Shower at home before and after training
- Drop and pickup player while maintaining desired rules and regulations around entry and exit controls

Resource: Symptoms Checklist

Do you have any of the below symptoms?			
1	a. Fever (greater than 38.0 C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath / difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers "YES" to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.

Recommendation for Match Officials

All Match Officials must be registered with Ontario Soccer before participating in any soccer activity.

MMS will provide Match Officials with the most up-to-date recommendations and requirements set out by Ontario Soccer's RTP Guide. We will run an on-field clinic and/or virtual meeting prior to the referee's first game.

COVID-19 Medical Response Plan

Overview

The Club has taken precautions and is committed to keeping our members safe. We have developed a Medical Response Plan and Positive Test Phase in the case that a member tests positive. This will ensure the infected person(s) is removed and receives immediate care from healthcare professionals and the virus does not spread any further.

Please be reminded that members should not attend an MMS activity if they have symptoms, positive test or been exposed to someone within the last 14 days who has tested positive for COVID19. If that's you, please STAY HOME!!

Member; a player, coach, match official, guardian/spectator, soccer personnel, board member

MRP SPOC	Email	Phone
Club President	markdalesoccer@gmail.co	519-986-1919

Designated Special Point of Contact (SPOC) & Communications.	<p>In the event a member tests positive or is showing symptoms during an activity, please ensure communication is immediately made to the Clubs SPOC</p> <p>The SPOC must be immediately contacted when the following occurs:</p> <ul style="list-style-type: none">-a member showing any symptoms of COVID19-a member tests positive for COVID19-a member was exposed to someone within the last 14 days who tested positive for COVID19
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ADVISE TO STAY HOME	SPOC will advise member(s) to stay home until they are well enough based on Public Health Agency of Canada & Provincial Health Authority guidelines.
ISOLATE & TRANSPORT THOSE WHO ARE SICK AT CLUB ACTIVITY	<p>A member at any Club activity who shows COVID19 symptoms must immediately be separated and isolated at the Club's designated pickup area. In the case the participant is under 18, they will wait with a responsible adult following social distancing rules/mask. Team/Club officials will contact the family to arrange an immediate pickup and the member be taken home or to a healthcare facility. If an ambulance must be called, they must be notified that the person may have COVID-19.</p> <p>Members who had close contact with the person must be separated and sent home as well.</p>
SAFETY	Close off area and equipment used by a symptomatic person and immediately disinfect and then safely stored away for later use. Personnel will be wearing PPE. It is to be noted that equipment will be cleaned and disinfected before and after each session.
NOTIFY LOCAL HEALTH OFFICIALS & CLOSE CONTACTS	Club will notify Ontario Soccer, Southwest Soccer Association and Grey Bruce Health Services. MMS will follow all recommendations from Public Health.

Appendix A

Equipment Sanitization

Any soccer activity must comply with the health and safety protocols as outlined in this Return to Play Guide along with any new protocols issued by the Province of Ontario health authorities.

All equipment must be cleaned and disinfected prior to each use. One person that has been designated will do this. Each group-team will be assigned their own equipment and will not share with any other groups-teams. The Club will provide equipment sanitization sheets at each location in the shed. Rule of thumb if you touch it, it needs to be cleaned.

Shed door/high-touch hard surfaces will be cleaned before and after soccer activities

Hygiene Guidelines

- Wash hands thoroughly in warm soapy water for at least 20 seconds or use alcohol-based hand sanitizer if water and soap are not immediately available.
- Do not share equipment – this includes shin guards, shirts, socks etc.
- Cover your mouth and nose with your arm or a tissue to reduce the spread of germs. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
- Each player will be provided with personal pinnie that they do not share and take home and wash. The coach/manager will not collect/wash team pinnies. An alternative can be the use of two different shirts (dark and light).

Appendix B

CONTACT TRACING LOG FOR ORGANIZATION

Team Name: _____ Club/Academy: _____

All players, coaches, volunteers and parents/guardians who drop off their children must be included in this log. The log can be electronic or completed on site by a responsible adult.

The information collected on this document is being collected to assist in the management of the COVID 19 pandemic. This information will be kept in a safe and secure location and will be provided to Ontario Health Services on request if it is required for contact tracing purposes.

The Above team and Club/Academy will not use this information for any other purpose and will destroy this record after six weeks.

Under Privacy Regulations you have a right to access and correct any information we hold about you.

Date	Full Name	Address	Email	Phone	Time in	Time out